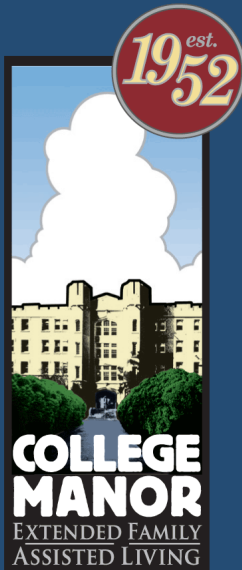


# COLLEGE MANOR NEWSLETTER

JULY 2019



## Steamed Crab Dinner

To survive the heat wave, you need steamed crabs and ice cold beer. We will have the second crab dinner of the year on Tuesday, July 23rd at 4:30 p.m. RSVP's are needed for this event by 7/19/19 at 4 p.m.

Hope to see you then!

## Employee Cookout

Our Annual Employee Cookout will be on Wednesday, July 31st from 2PM - 4PM

## Happy Hour

Happy Hour in July will be Tuesday, July 16th at 3:00 p.m. with music by Helmut. We will have a second one on Friday, July 26th at 2:30 p.m. with music by Bernie Hernandez

## Rock Painting

Heather, Mrs. Simm's granddaughter will be here on Wednesday, July 17th for Happiness Rock Painting. Heather will demonstrate the art of painting on a different type of canvas.

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# Family Helping Family

The Families Helping Families of College Manor would like to invite all family members, residents and staff to a presentation of **“Effective Communication Strategies for Dementia”** facilitated by Debbie Saraullo on **Tuesday, July 16 from 7pm- 8:15pm** on the Sun Porch.

“Coffee and Cocktails” will be hosted from 6-7pm prior to the presentation.

*More Details...*

A **Keurig K-Mini Coffeemaker** and a box of coffee pods will be raffled off to a College Manor staff member who attends the seminar OR watches it online after creating an account at the Alzheimer’s Association website at <https://www.alz.org/help-support/resources/care-training-resources> between July 16 and August 20, and fills out a short quiz to be made available at College Manor after the seminar. Each quiz will function as a raffle ticket, and a random winner will be chosen at the “Coffee and Cocktails” gathering preceding the August 20th FHF meeting.

Please **RSVP** to **cmfamilyhf@gmail.com** by **July 10** to reserve your place at the seminar!

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## July Birthdays

7/1 Harriette Stein

7/18 Doris Nash

7/25 Constance Wheeler

7/26 Patricia Stees

7/27 Melvin Polek Jr.

